

Coping resources

This bibliography is intended to provide resources to help librarians and parents deal with questions, concerns and issues children and young adults have about the recent terrorist attacks perpetrated against the United States. If there are any libraries in the SALS/MVLA service area that hold the book, there is a control number at the end of the citation, which can be looked up on your public library online catalogs.

Becky Wright-Sedam, SALS, Sue Rokos, MVLA, and Mary Fellows, UHLS collaboratively developed the bibliography. If you have questions, comments or additions, please contact SALS at (518) 584-7300.

All the Colors of the Earth, by Sheila Hamanaka, William Morrow & Company, 1994, ISBN: 0688111319, \$16.95, Fiction about diversity, Ages 4-8. AFR-1861

Araboolies of Liberty Street, by Sam Swope, Barry Root (Illustrator), Sunburst, 2001, ISBN: 0374303908, paper, \$5.95, (Fiction title about teaching tolerance). Ages 4-8, AFE-4333

Children and Trauma: A Guide for Parents and Professionals, by Cynthia Monahon, Jossey-Bass, 1997, ISBN# 0787910716, Paper, \$16.95, no holdings.

Children Changed by Trauma: a Healing Guide, by Debra Whiting Alexander, Ph.D., paperback, New Harbinger Pubns, 1999, ISBN# 1572241667, \$13.95, AGI-3929

Cool cats, calm kids: relaxation and stress management for young people, by Mary L. Williams, Impact Publishers, 1996, ISBN: 0915166941, \$8.95. Ages 9-12. AGN-6901.

Coping With Grieving and Loss (Coping), by Sandra Giddens, Owen Giddens, Rosen Publishing Group, 2000, ISBN: 0823928942, \$25.25, Grade 6-10. No holdings.

Coping With Post-Traumatic Stress Disorder (Coping series), by Carolyn Simpson, Dwain Simpson, Rosen Publishing Group, 1997, ISBN: 0823920801, YA, \$25.25.

Everything You Need to Know When Someone You Know Has Been Killed (Need to Know Library), by Jay Schleifer, Rosen Publishing Group, 1998, ; ISBN: 0823927792, Grade 6-12, AGE-1798.

The grieving child: a parent's guide, by Helen Fitzgerald, Fireside; ISBN: 0671767623, 1992, \$12.00. AFK-8151

Helping children cope with the loss of a loved one: a guide for grownups, by William C. Kroen, Free Spirit Publishing, 1996, ISBN: 1575420007 (paper), 14.95, AFX-5871.

Homemade Books to Help Kids Cope: an Easy-to-Learn Technique for Parents and Professionals, by Robert G. Ziegler, Magination, 1992, ISBN# 0945354509, \$13.95, AF0-3422.

I Will Remember You: What to Do When Someone You Love Dies: A Guidebook Through Grief for Teens, by Laura Dower, Elena Lister, Scholastic Trade, 2001, paper, \$10.95, AGM-9681

I Wish I Could Hold Your Hand: A Child's Guide to Grief and Loss, by Pat Palmer, Dianne O'Quinn Burke, Impact Publishers, Inc., 1994, ISBN: 0915166828. Ages 9-12. No holdings.

I'm Frustrated (Dealing with Feelings series), by Elizabeth Crary, Parenting Press, 1992, ISBN# 0943990645, paper, \$6.95, Ages 4-8. No holdings.

I'm Furious (Dealing with Feelings series), Parenting Press, 1996, ISBN# 0943990939, \$6.95, Ages 4-8. No holdings.

I'm Mad (Dealing with Feelings series), Parenting Press, 1992, ISBN# 0943990939, \$6.95, Ages 4-8. No holdings.

I'm Scared (Dealing with Feelings series), Parenting Press, 1996, ISBN# 0943990890, \$6.95, Ages 4-8. No holdings.

Lost and Found: a Kids Book for Living Through Loss, by Marc Gellman, Morrow Junior, 1999; ISBN: 0688157521. Reading level: Ages 9-12. AGG-1296.

One April Morning: Children Remember the Oklahoma City Bombing, by Nancy Lamb, Lothrop Lee & Shepard, 1996, ISBN: 068814666X, Ages 4-8. AFW-2362.

Ready, set, relax: a research-based program of relaxation, learning, and self-esteem for children, by Jeffrey S. Allen, Inner Coaching, 1997, Paper, \$23.95, ISBN: 0963602705, AGK-8064.

Remote Control Childhood? Combating the Hazards of Media Culture, by D.E. Levin, (Naeyc (Series), #326.), \$8.00 (Available on Amazon.com and through the National Association for the Education of Young Children (www.nyaec.org))

Scared Child: Helping Kids Overcome Traumatic Events, by Barbara A. Brooks, and Paula M. Siegel, John Wiley & Sons, 1996, Paper, \$16.95, ISBN# 0471082848, AFX-6206

Coping Resources
Page 3

Smoky Night, by Eve Bunting, Harcourt Brace, 1994, paper, ISBN# 0152018840, \$6.00. AFQ-2705

Something Bad Happened series (*Something Bad Happened, It Happened to Me, All My Feelings, I Can't Remember, Don't Go, The World I See*), and The Way I Feel series (*The Way I Feel, All My Dreams, It's My Life, It Happened in Autumn, When I Remember, In This House Called Home*), deal with victimization, witnessing violence, suffering as a result of a large scale community or national trauma, \$3.95 for each title in the series, or \$21.00 for each series. Available from The Bureau for At-Risk Youth, 1-800-99-YOUTH or order online at www.at-risk.com. No holdings.

Something to draw on: activities and interventions using an art therapy approach, by Carol Ross. Bristol, PA: Jessica Kingsley Publishers, 1997, c1996. ISBN: 1853023639, \$24.95. AFX-7467.

Straight Talk About Post-Traumatic Stress Disorder : Coping With the Aftermath of Trauma (Straight Talk Series), by Kay Marie Porterfield, Facts on File, Inc., 1996, ISBN: 0816032580, \$27.45, Young Adult, AFW-7756.

Talking about death: a dialogue between parent and child, by Earl Grollman, Beacon Press, 1990, 0807023639 (pbk.), \$14.00, AFI-0074.

Teaching tolerance: raising open-minded, empathetic children, by Sara Bullard, 1997, Main Street Books; ISBN: 038547265X, \$19.00, AFX-6214

Terrible Thing Happened, A, -A Story for children who have witnessed violence or trauma, by Margaret M. Holmes and Sasha J. Mudlaff, Magination, 2000, ISBN# 1557987017, \$8.95

Tolerance : Celebrating Differences (Life Skills), by Robert, Ph.D. Wandberg, Lifematters Press, Not Yet Published, due out August, 2001, ISBN: 0736810218, Ages 9-12.

Way I Feel, The, by Janan Cain, Parenting Press, 2000, ISBN# 1884734715, \$16.95, Ages 4-8.

What on Earth Do You Do When Someone Dies? by Trevor Romain, Elizabeth Verdick Free Spirit Publishing, 1999, ISBN: 1575420554, \$7.95, Ages 9-12. AGG-7463

When Disaster Strikes: Helping Young Children Cope, BROCHURE by J.M. Farish, 50 cents each or 100 for \$12.00, available through the National Association for the Education of Young Children. (www.naeyc.org)

Coping Resources
Page 4

When Dinosaurs Die: A Guide to Understanding Death, Illustrated by Marc Tolon Brown, Little Brown, 1996, ISBN: 0316109177, \$14.95 (also in paper). Ages 4-8. AFV-9943

When Nothing Makes Sense: Disaster, Crisis, and their Effects on Children, by Gerald Deskin, Greg Steckler, Fairview Press, ISBN# 0925190950, 1996, \$19.95. No holdings.

When People Die, (How Do I Feel About series), by Sarah Leveté, Copper Beech Books, 1998, ISBN: 0761308709, \$20.90, Reading level: ages 4-8. No holdings.

When Something Terrible Happens: Children Learn to Cope With Grief (The Drawing Out Feelings Series), by Marge E. Heegaard, Woodland Press, 1991, ISBN: 0962050237, \$6.95, Ages 9-12. AFM-8625.

Other Resources: *Coming Full Circle: A Selected List of Books for Children About Death and Dying*, 2000, compiled by Carolyn Schuler, Monroe County Library System Consultant Services. All public library system offices should have a copy.

9/13/01
